



2010-2012 RM-Z250/ RM-Z450
Suspension Worksheet

Rider Name _____
Contact _____
Date _____
Salesman/Technician _____
(Updated 7-31-19)

STAGE 1

Service & Oil Change (please check the services you would like done.)

Service Number	Description	Price
☐ SRV-004	Fork Service & Oil Change	\$109.95
PC-01S	Fork Fluid	\$24.95
☐ SRV-005	Shock Oil Change & Service	\$89.95
PC-02S	Shock Fluid	\$19.95
☐ Yes, change springs if needed & charge me. ☐ No, notify me if springs need to be changed.		
☐ Yes, change additional wear parts & charge me if needed. ☐ No, notify me if additional wear parts are needed.		

Re-Valve & Set Up: Forks (please check the services you would like done.)

Service Number	Description	Price
☐ SRV-002	Fork Re-Valve & Set Up	\$194.95
☐ FRI-013 (required)	Low Speed Valve, Pressure Springs (2), Fork Piston (new style) (2), Fork Oil, Adjuster Tool	\$206.55
☐ Yes, change additional wear parts & charge me if needed. ☐ No, notify me if additional wear parts are needed.		

Re-Valve & Set Up: Shock (please check the services you would like done.)

Service Number	Description	Price
☐ SRV-003	Shock Re-Valve & Set Up	\$164.95
☐ SRI-013 (required)	Shock Piston, Shock Oil, Shock Shaft Nut, High Speed Collar	\$121.34
☐ Yes, change additional wear parts & charge me if needed. ☐ No, notify me if additional wear parts are needed.		

Springs (please check the services you would like done.)

Service Number	Service Job	Price
FS-	Fork Springs	\$129.95
SS-	Shock Spring	\$129.95
☐ Yes, change springs if needed & charge me. ☐ No, notify me if springs need to be changed.		

Re-Valve & Set Up: Optional Parts (please check the optional parts you would like put on.)

I want this product	I don't want this product	Service Number	Description	Price
☐	☐	PC1900-0015	Anodize Kit w/ Bladder Cap ('10-12 RM-Z250 Only)	\$124.95
☐	☐	BCK-02	Bladder Cap Kit ('10-12 RM-Z450 Only)	\$69.95
☐	☐	PC3011-0000	SX Spring Seats (supercross)	\$119.95
☐	☐	PC1700-0000	MX Spring Tubes (motocross)	\$289.95
☐	☐	SPA10250	Linkage Arm 134mm (132mm Stock)	\$224.95

* Not checking any of the above boxes will put a delay on your suspension services.

Rider weight w/o gear _____ Skill level/Class _____ Type of Riding _____
Terrain _____ Additional Information _____

All items in **BLACK** are required in this suspension re-valve and set-up. All items in **RED** are optional.
PLEASE NOTE: There will be an \$8.50 HAZ MAT fee and \$10 chemical cleaning fee added to all suspension orders and there may be a \$1.50 charge for each shim used (average bike uses 0-100 shims)